

Curriculum Vitae

Alessandro Vero

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Website: www.drveronutrition.com

Nationality: Italian (Australian Permanent Resident - Visa 187)

Languages: English – working proficiency, Italian, French, Spanish

CAREER OVERVIEW

I am a highly experienced Italian Nutritionist, Dietician, Pharmacist and Biologist and Personal Trainer, I am an Associate Nutritionist of NSA Nutrition Society of Australia.

Over the past seven years I have operated a successful specialist Nutrition and Dietician practice in Rome, Italy.

As a consultant, I am highly in demand for my skills in evaluation of body composition with ultrasound scanning and bio impedance and anthropometry.

I have a proven track record of success in sports nutrition, assisting award winning athletes – particularly in soccer, triathlon, tennis, swimming and sailing.

Outstanding interpersonal skills in establishing positive relationships with patients, customers, athletes, pharmaceutical representatives/manufacturers, medical professionals.

In Australia my Master Degree in Human Nutrition Science has been assessed by Overseas Qualification Unit of the Government of Western Australia Department of Training and Workforce Development (OQU-0418-6124). I am a member of Nutrition Society of Australia since 2018.

I am qualified also as Fitness Instructor and Personal Trainer in sport and fitness. I am an International Tennis Instructor, PTR.

EDUCATION

Bachelor of Science – PHARMACY

University of Rome, La Sapienza, Italy (1998)

Thesis on Beta-Lactamase synthesis and mechanism

Five year Degree – (Australian Masters)

+ Masters specialisation 1998 - Self Medication and Therapy by 'Over the Counter'

+ Masters specialisation 1999 – Science of Food

+ Masters specialisation 2008 – Dietetics and Human Nutrition

Masters Degree in Human Nutrition – Nutritionist/Dietician

University of Rome Tor Vergata, Italy (2010)

Thesis on Green Tea Catechins

Biologist Certification (2011)

State Examination (Italy) Biologist Senior
University of Camerino (Macerata)

Diploma in Homeopathy (1988)

CISDO Italian centre for Studies and Documentation Homeopathy (Rome)

Certificate III in Fitness (2016)

Australian College of Sport and Fitness (Perth)

Certificate IV (2016)

Australian College of Sport and Fitness (Perth)

Assessment of Master Degree in Human Nutrition Sciences (2018)

Overseas Qualification Unit of the Government of Western Australia
Department of Training and Workforce Development (OQU-0418-6124)

PROFESSIONAL ASSOCIATIONS

- + Associate Nutritionist of the Nutrition Society of Australia
- + Member of the Italian Association of Nutritionists AINut
- + Vice President A.S.P.E.N.I Association Ethologists and Nutritionists Italy
- + National Order of Biologists
- + National Order of Pharmacists
- + NAWA Nutrition Australia

WORK HISTORY**Nutrition and Dietician:****Specialist Nutrition and Dietician Practice – Medical Suites (2010-15)**

Partnered with Dr Giovanni Abbondante
Via di Priscilla, Rome, Italy.

Nutritional Consultant Cosmetic Surgery (2002-2015)

Roma Medical Suites Dott Giulio Consoli, Via Marianna Dionigi, 29,
00193 61, Rome.

Lecturer in Nutrition (2013-15)

School of Osteopathy
Francoitaliana Tirrenia – Pisa, Italy.

Lecturer in Nutrition (2014)

School of Chefs – Les Chefs Blanc
Via Monti della Farnesina, Rome, Italy.

Lecturer – Nutrition, Hygiene, Physics, Chemistry, First Aid, Dermatology, Anatomy and Physiology (2002-15)

- + College of Beauty Therapy – Dora Bruschi
Rome, Italy. (2002-15)
- + Look Fashion Academy (2008-2011)
- + Academy of Cosmetology (2004-5)

Nutritionist/Dietician – FightForFootball Sport Agency (2013-18)

www.fightforfootball.com

Nutritionist/Dietician - Iron Team Italia (2013-15)

www.ironteamitalia.com

Nutritional Consultant (2008-11)

Roma Medical Centre, Via Ippolito Nievo 61, Rome.
A.S.P.E.N.I – Association Ethologists and Nutritionists Italy
Forum Sports Centre, Via Cornelia, 493, Rome.

Level 1 Volunteer Ambulance Officer 2018 V2 (St John Ambulance Western Australia)

Pharmacy:

- Pharmacist and Compounder (1999-2008)
- + Pharmacy Ramundo Montarsolo, Via Tiburtina, Rome (1999-08)
- + Parapharmacy Tanzi, Via Ferrari, Rome (2008-9)

SPECIALIST TECHNIQUES

- Body Composition Analysis
- + Ultrasound Scanning
- + Bioelectrical Impedance Analysis
- + Anthropometry
- + Pharmaceutical Compound

Hospitality:

Manager: The York Palace Hotel WA
145 Avon Tce 6302 York WA(2016-2018)

COURSES

Theoretical and Practical "Literacy First Aid" - Academy of History of Sanitary Santo Spirito Hospital in Rome 2003

Theoretical and Practical of Therapies and Health Deans for "The Breastfeeding" - ARCA Pharmaceutical Rome 2005

Training Course "For a Healthy and Proper Cohabitation Animal Man" - Noble College Chemical Pharmaceutical Rome 2005

Course FAD "**Dyspepsia**" - Mediator Italy Milan 2007

Course FAD "**Seasonal Flu**" - Mediator Italy Milan 2007

Course FAD "**ECM33 - The Irritable Bowel Syndrome**" - EDRA Spa Milan 2008

Course FAD "**The Tiger Mosquito: A New Problem Ecological and Anthropoid**" - Mediator Italy Milan 2008

Course FAD "**Repellents in Defence of Tiger Mosquitoes**" - Mediator Italy Milan 2008

Training course: "**Power Aware and Functional: from Molecules to the Calories**" - DS Medica Srl Rome 2008

Refresher seminar "**Food and Nutrition in Sports Activities**" at the SISRAN - FIP 2008

Course on Bio impedance and anthropometry to DS Medica Srl Rome. 2008

Refresher course "**Focus on Obesity**" at the Forlanini Hospital in Rome 2008

Participation in the First National Congress SIFIOG - Catholic University of the Sacro Cuore in Rome 2009

Course **BLSD** Italian Red Cross 2013

Course AINut " **Food and Nutritional Integration for Sport Activity and Fitness**" 2014

BRITISH COUNCIL COURSE B2 Level - IELTS 5.0-6.5 2014

Course semi-professional **Chef** at Cooking School and Pastry Les Chefs Blancs 2015
HACCP 2015

Junior Development Workshop **PTR Professional Tennis** Registry
Course of Professional Teaching PTR Professional Tennis Registry
Junior Development Certification - Overall Rating : Tennis Instructor 2016

Course **BLSD** Australian College of Sport and Fitness 2016

IELTS Test Report Form: Academic 2015 Overall Band Score : 6.5 2016

CAREER SUCCESSES

Specialist nutrition and dietician consultancy to champion Italian Sports Sailor Andrea Milla:
+ European Championship, Sunfish Sailing (2011-2012,2013,2014)
+ Italian Sailing Chaimpionships (2010, 2011,2012,2013,2014)

Specialist nutrition and dietician consultancy to champion Italian Sports Swimmer Luca Romano:
+Italian senior swimmer gold medal (2015)

Specialist nutrition and dietician consultancy to champion Italian Sports Soccer Player Federico Pasqualoni:
+Italian Primavera Cup Champion with SS Lazio (2015)

REFEREES

Dr Giovanni Abbondante (Italian and English spoken.)
Gynaecologist, General Pathologist of Medical Suite Via di Priscilla
35/2 Rome Italy
tel: +39 068603040
aspeni.abbondante@gmail.com

Nicoletta Cipriani (Italian spoken)
Principal of Professional School of Aesthetics – Dora Bruschi
Tel: +39 06 3613371- 06 3211944
www.scuoladorabrschiroma.it

Dr Giulio Consoli (Italian and English spoken)
Plastic Surgeon - Via Marianna Dionigi, 29, 00193 Roma RM, Italy
Tel:+39 06 361 3739

Dr Antonio Cipriani (Italian and english spoken)
Manager of Fight for Football Agency
Mobile: +393487256667
antonio.cipriani@gmail.com

Andrea Milla (Italian English spoken)
Sailor Champion
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umbolo@gmail.com